## HOW DO WE PREPARE STUDENTS?

As part of our student orientation, we spend a portion of our day introducing the elements of the Amazing Shake.

The first portion is the mechanics of a proper handshake: one that isn't weak and shaky, but one that is firm and cusped correctly and is accompanied by good eye contact. We demonstrate for the students what a weak handshake looks like and what a strong one looks like using a scale from 0-60, with 50 being the highest goal of firmness and 60 being way too firm. One by one, we practice with each student, giving feedback so everyone learns together.

## We then move on to the other elements of a professional meeting.

Those elements include: • eye contact • a smile • introducing yourself • asking the professional his/her name

For example: "Hi, my name is John Doe, and you are?" We will practice with students on mastering that introduction with feedback along the way.

After the introduction, we will then move on to the next level:

Being a Good Conversationalist. Good conversationalists will understand the right questions to ask when making small talk with a new person. They will understand to "go deeper" in their questions.

Poor conversationalists will ask rapid fire questions with no relation to each other.

## Example of a Good Way to start a conversation:

Student: "Hi, my name is John Doe, I'm a 6th grader here at The Academy and you are?"

**Example of Professional Conversationalist:** "Hi John, my name is Jimmy Hendricks, thanks for having me."

Student: Thanks for being here. Is this your first time here at QPCA?

Professional: Yes it is.

Student: Awesome, would you like a tour?